

Possible videos to watch and discuss during the Co-Serve Mentor Program

One way to add to your discussions during the Co-Serve Mentor Program is to watch videos that relate to the topics in the program and then share your reflections on what you learned from the video.

Mentors and mentees are free to watch and discuss any videos that they have found meaningful and that they would like to discuss. Below are a few suggestions on some videos that could be useful, including links to the videos on YouTube.

1. Happiness is helping others (in Thai)

<https://www.youtube.com/watch?v=zcrulov45bl>

This video, which is part of a life insurance commercial, raises questions about what gives life meaning and what is the point of life. The final question in the video is: "In your life - what is it that you desire most?"

A discussion on this video could possibly be added into Discussion #2 about values. One way to understand your top values is to think about what you desire most.

2. Ernesto Sirotli - Shut up and listen

<https://www.youtube.com/watch?v=chXsLtHqfdM>

This video is a TED talk by Ernesto Sirotli where he shares his story of deciding to "not initiate anything" - but, instead, to listen to people and to support their initiatives.

A discussion of this video could possibly be added into Discussion #3 on Respect. Do we really respect and believe in other people's ideas and potential? Or do we assume that "we know best."

3. Simon Sinek - Start with why.

https://www.youtube.com/watch?v=u4ZoJKE_VuA

This video explains how most people and businesses start with "what they do" and sometimes "how they do it" - but they don't often start with (or even understand) "why they do it." Sinek explains how leaders who inspire and build loyalty start with why - and the beliefs behind what they do.

A discussion on this video could possibly be added into Discussion #4 on purpose. Our purpose is our "why." Can we express our "why?"

4. Greenleaf Center - What is Servant Leadership

<https://www.youtube.com/watch?v=s3MwqbEgUv8>

This video goes through the basic ideas of Robert Greenleaf and the concept of servant leadership, including a comparison of Theory X and Theory Y in management. The video explains how servant leadership is ethical – it is the right thing to do, it is practical – it works in real life, and it is meaningful – it gives life meaning and meaningful work. Servant leadership recognizes that people have so much potential – and if we can help them to grow it is a “triple win” – for them, for the company, and for the customers.

A discussion of this video could possibly be added into Discussion #5 on Servant Leadership. Do you agree that servant leadership is ethical, practical, and meaningful? Why is it the right way to lead? Why does it work in real life? Why does it make life meaningful?

5. The Power of Community by David Brooks

<https://www.youtube.com/watch?v=jc1inBzHeL4>

In this short video, David Brooks talks about his favorite description of a community. He shares how a community is “...a bunch of people looking after each other, a bunch of people seeing each other and seeing each other deeply, taking the time to really enter into relationship with each other and to depend upon one another.” He talks about the joy that comes from being connected to others.

A discussion of this video could possibly be added into Discussion #7 on Community. Have you experienced this joy of community? Tell about your experience?